Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Saturday 07 Oct 2023 until 23:59 on Sunday 08 Oct 2023

Forecast Issued on Friday 06 Oct 2023 at 15:05 by Met Office Aberdeen

Confidence: High for a wet day on Saturday then rain clearing during Sunday. Lower confidence on details next week.

Headline for Saturday 07 Oct 2023: Cloudy and wet with heaviest rainfall in south of area. Drier spells over north Highlands. Feeling bitterly cold with strong winds on tops.

Mountain weather hazards on Saturday 07 Oct 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
Medium Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
Medium Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Light rain	Light rain	Heavy Rain	Heavy Rain	Heavy Rain	Light rain	Light rain
Precipitation probability							
70%	90%	90%	70%	70%	50%	60%	60%

Forecast for Saturday 07 Oct 2023

Weather: Cloudy with rain, most persistent and heaviest in south of area from Knoydart across to Ben Wyvis. The rain will become lighter in north of area with some drier weather developing in the afternoon.

Chance of cloud-free hill tops above 800m: 40%, best from Skye and Torridon up to Ben Hope.

Low cloud and visibility: Often misty with poor visibility in persistent rain and clouds well down the hills. Pockets of good visibility over mountains near to West Coast and over north Highlands with clouds lifting above some of the tops.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Met Office Mountain Weather Forecast

Forecast for Saturday 07 Oct 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	24/34 E	31/43 E	34/46 E	30/43 E	27/40 E	28/41 E	31/43 E	31/43 E	25/36 E
900	29/38 E	33/44 E	36/49 E	36/49 E	33/46 E	33/46 E	35/47 E	34/46 E	28/40 E
600	19/30 E	21/34 E	23/38 E	24/39 E	24/39 E	22/37 E	23/37 E	23/37 E	21/33 E
300	13/23 E	14/28 E	16/32 E	18/33 E	18/31 E	17/30 E	16/29 E	15/30 E	13/27 E
Glen	18/30 E	22/37 E	24/40 E	24/40 E	24/39 E	23/37 E	21/36 E	21/36 E	18/29 E

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/-3	2/-5	1/-6	1/-7	0/-7	0/-7	0/-7	0/-7	1/-6
900	4/-2	3/-4	2/-6	2/-6	1/-7	1/-7	1/-7	1/-6	2/-5
600	6/1	5/0	4/-1	4/-2	3/-3	3/-2	3/-2	4/-2	4/-1
300	8/5	7/4	6/2	6/1	5/1	6/1	6/1	6/1	6/2
Glen	10/7	10/6	9/5	9/4	8/4	9/4	8/4	9/5	9/5
Freezing Level*	2300m	2500m	2500m	2400m	2600m	2500m	2400m	2400m	2900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Very difficult walking due to persistent rain, bitterly cold feel, strong winds on tops and wet underfoot conditions.

Forecast for Sunday 08 Oct 2023
Weather: Cloudy with further rain in the morning. The rain will gradually clear away northwards during the afternoon with drier, clearer weather by evening.

Maximum wind: Strong south then southwest winds, average speeds of 25 to 30mph and gusts 40mph on the tops.

Chance of cloud-free hill tops above 800m: Little chance in the morning, improving 60% during the afternoon.

Low cloud and visibility: Poor visibility in persistent rain during morning with extensive cloud cover down around 600m. Visibility will improve good from the south during the afternoon with clouds gradually lifting and breaking up.

Temperature: **Glens:** Plus 7 Celsius rising to 13 Celsius.
At 800m: Plus 4 Celsius.
Freezing level: Above the tops.

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